

KEY POINTS FOR ATTENDING THE GERIATRIC DAY HOSPITAL

If unable to attend your scheduled appointments, please contact us at 705-325-2201 ext. 3850 to cancel.

You are responsible for your own transportation arrangements and costs.

Wear comfortable clothing with flat shoes.

OSMH is a scent-free facility, so please avoid the use of perfumes and scented lotions.

Do not bring valuables to the Geriatric Day Hospital.

Medication is not provided by the day hospital. Please bring your pills from home in an appropriate medication container. Please inform the nurse if any of your medications have changed.

Length of attendance at the Geriatric Day Hospital varies for each individual depending on his/her needs. Programs usually last 6 to 8 weeks. Discharge planning is an ongoing part of therapy.

The GDH Geriatrician does not replace your Family Doctor. We encourage you to keep regular contact with your Family Doctor for routine check-ups, medical problems and reordering of your prescriptions.



170 Colborne Street West, Orillia, ON L3V 2Z3
tel: (705) 325-2201 • www.osmh.on.ca

Geriatric Day Hospital

INFORMATION BOOKLET

Geriatric Day Hospital
Tel: 705-325-2201 ext. 3850
Fax: 705-330-3211



WELCOME TO THE GERIATRIC DAY HOSPITAL

The Geriatric Day Hospital is an outpatient program designed to enhance independence and quality of life for older adults living in the community. You and your family will take an active role in your assessment and therapy program.

Treatment sessions take place in a friendly and supportive environment where you are empowered to reach your goals. Each patient is assigned a care coordinator as a contact person.

Your appointments at the Geriatric Day Hospital will be scheduled. Your regular attendance is crucial to a successful outcome. We understand your need to attend other medical appointments, but if you have three missed visits or are unable to attend regularly, we reserve the right to discharge you from our program.

THERAPEUTIC GOALS

- Evaluate fall risk
- Maximize mobility and function
- Improve physical wellness
- Promote safe living
- Review medications
- Enhance coping abilities
- Educate about health issues
- Assess cognitive abilities
- Maximize communication abilities
- Assess swallowing problems
- Address bowel/bladder concerns
- Address depression and anxiety issues
- Improve leisure lifestyle
- Provide support to caregivers
- Assist with navigating community support services

THE DAY HOSPITAL TEAM

- Geriatrician
- Registered Nurse
- Occupational Therapist
- Physiotherapist
- Rehabilitation Assistant
- Recreation Therapist
- Social Worker
- Dietitian
- Speech-Language Pathologist

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