

## Local Resources

Kids's Help Phone  
1 (800) 668-6868

Children's Aid Society  
1 (800) 461-4236

Family Youth & Child Services  
Of Muskoka  
1 (800) 680-4426

Christian Island Native Family  
& Children's Services  
(705) 247-2175 or  
(705) 247-2242

New Path  
(705) 725-7675  
1 (866) 566-7675

Kinark Youth & Family Service  
(705) 726-8861 or  
(705) 526-3708

Rosewood  
1 (800) 461-1750

Catholic Family Life Centre  
1 (888) 726-2503



# Regional Centre for Suspected Child Abuse & Neglect

tel: (705) 327-9155  
toll-free: 1 (877) 377-7438



170 Colborne Street West, Orillia, ON L3V 2Z3  
tel: (705) 325-2201 fax: (705) 325-8818  
[www.osmh.on.ca](http://www.osmh.on.ca)

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OSMH  
**Regional Centre for Suspected  
Child Abuse & Neglect**

INFORMATION BROCHURE



[www.osmh.on.ca](http://www.osmh.on.ca)



## Are You Afraid A Child Has Been The Victim Of Abuse?

If you know someone who can't control their outbursts, or if you think there's a chance they may harm a child, physically or emotionally, contact your local child protection agency immediately.

Violence is never okay. No one, child or adult, has the right to cause a child physical or emotional pain.

Getting the right kind of help can provide children with the support they need to help the abuse stop.

If you suspect abuse, please call the Children's Aid Society at: 1(800) 461-4236 in Simcoe County or in Muskoka at 1(800) 680-4426.

It is your obligation as a caregiver. Then call the Regional Centre for Suspected Child Abuse & Neglect.

## These Children Are Not Alone. They Are Not To Blame.

An abuser can be a parent, brother, sister, cousin, aunt, uncle, grandparent, neighbour, coach, teacher, stranger, anyone else you may meet.

There is nothing that a child can do, think, say or feel that makes it ok for someone to harm them.

It takes everyone's involvement to make violence stop. Remember you are not alone.

## Counselling . . .

Counsellors help children:

- Define the problem
- Think about what's important
- Figure out what to do next
- Express their feelings and needs
- Tap into their strengths and resources
- Examine unhelpful habits, coping methods, self-defeating beliefs, values and attitudes
- Gather all the relevant facts
- Consider different points of view
- Understand how their behaviour and emotional reactions affect those around them and vice-versa
- Begin to make decisions based on what they've learned

## Abuse Can Happen to Anyone

Child abuse is never the child's fault, no matter what. When an adult hurts a child, they know that they are doing something wrong. That adult is responsible for their actions.

## Everyone Has the Right to Live Violence Free.

**The Regional Centre for Suspected Child Abuse and Neglect offers the following emergency services 24-hours a day:**

- Care and treatment of injuries (x-rays, ice pack, cast, stitches)
- A safe, quiet and private place
- Documentation and photography of injuries
- Referral to counselling and other community services
- A follow-up phone call and visit within three days

Specialized nurses and doctors, sensitive to the needs of abused children, are available 24-hours a day, 7 days a week by calling 1 (877) 377-7438 and ask to speak with the nurse on-call

Every person is obligated by law to report any suspicion of child maltreatment to a Child Protection Agency. Child Protection will protect children from being hurt again and make sure that the family is also safe.

When a Child Protection Agency gets involved they will do an investigation. This means that the worker will meet and talk to the child. They will let the child know what will happen next.

The Children's Aid Society will be contacted during the child's visit to the Centre.