

Local Resources

Regional Sexual & Domestic Assault Treatment
Centre, Simcoe County & Muskoka
1-877-377-7438

Orillia Greenhaven Shelter for Women
1-888-285-6958

Midland Rosewood Shelter for Women
& Children
1-800-461-1750 (English)
1-800-211-4954 (French)

Barrie Women & Children's Shelter
1-800-461-1716

Collingwood My Friend's House
1-800-265-2511

Alliston My Sister's Place
1-800-461-5419

Bracebridge Muskoka Interval House
1-800-461-1740

New Path Partner Abuse Program
(705) 725-7656

Mnjikaning Services
(705) 325-3611 ext. 1423

Victim Witness Assistance Program
(705) 739-6560 (Barrie Office)



Regional Domestic Assault Treatment Centre

tel: (705) 327-9155
toll-free: 1-877-377-7438



170 Colborne Street West, Orillia, ON L3V 2Z3
tel: (705) 325-2201 fax: (705) 325-8818
www.osmh.on.ca

OSMH
Regional Domestic Assault
Treatment Centre

INFORMATION BROCHURE



www.osmh.on.ca



Is Your Partner or Ex-Partner ...

- calling you names, putting you down, insulting you, ridiculing you?
- isolating you from friends and family?
- slapping, pinching, kicking, punching, biting you?
- threatening you with a weapon?
- threatening suicide?
- forcing you to have sex, or using sex as punishment?
- not allowing you to work?
- forcing you to beg for money, giving you an allowance?
- threatening to harm you, your children, pets, belongings?

If any of the above is happening to you or someone you know - We can help!

You Are Not Alone, You Are Not To Blame

Partner abuse happens to women of all ages and all incomes, to mothers, professionals and to women in cities, towns or rural areas.

Women with disabilities are at higher risk for partner abuse.

Pregnancy increases your risk for partner abuse.

What Can You Do?

Call us at (705) 327-9155 or call us toll free at 1-877-377-7438

Go directly to the emergency department of the nearest hospital and ask for the Regional Domestic Assault Program in Orillia.

Your Choices

You may or may not wish:

- to have photographs taken of your injuries
- to involve police
- to have a follow-up phone call or visit

You may not have the time right now to come to the domestic assault treatment centre. You might need child-care or have work obligations.

Please remember that you can come to our treatment centre within three to four days of an assault by your current or past partner.

We can also help you get transportation to our treatment centre.

Abuse Can Happen to Any Woman

An abuser can be a husband, ex-husband, partner, ex-partner, boyfriend or ex-boyfriend. Abuse also happens in same-sex relationships.

All Women Have the Right to Live Violence Free

Services

The Regional Domestic Assault Program offers the following emergency services and choices, 24 hours a day, for survivors of recent domestic assault:

- Treatment of injuries in the emergency department (x-rays, stitches, cast, ice pack)
- A safe, quiet and private place
- Mapping, documentation and photography of your injuries
- Risk assessment
- Safety planning
- Referral to a shelter/a safe place
- Referral to counselling and other community services
- A follow-up phone call and visit within 3 days
- Specialized nurses, sensitive to your needs, are available 24 hours a day, 7 days a week.
- Prompt, confidential and individualized care and treatment is available.