

Sexual Assault Resources

SIMCOE COUNTY

Regional Sexual & Domestic Assault Treatment Centre: 1-877-377-7438

Athena's Sexual Assault Counselling & Advocacy Centre: 1-800-987-0799 or (705) 737-2008

- 24-hour crisis line

Simcoe Muskoka District Health Unit Sexual Health Clinic: 1-877-721-7520

- STD testing and counselling
- pregnancy testing, birth control
- HIV testing and counselling

MUSKOKA

Regional Sexual & Domestic Assault Treatment Centre: 1-877-377-7438

Muskoka/Parry Sound Sexual Assault Services: 1-800-461-2929

- 24-hour help line

Simcoe Muskoka District Health Unit Sexual Health Clinic: 1-877-721-7520

- STD testing and counselling
- pregnancy testing, birth control
- HIV testing and counselling



Regional Sexual Assault Treatment Centre

tel.: (705) 327-9155
toll-free: 1-877-377-7438



170 Colborne Street West, Orillia, ON L3V 2Z3
tel: (705) 325-2201 fax: (705) 325-8818
www.osmh.on.ca

OSMH Regional Sexual Assault Treatment Centre

INFORMATION BROCHURE



www.osmh.on.ca



Sexual Assault Treatment Centre

The Regional Sexual Assault Treatment Centre is a safe and private place at Orillia Soldiers' Memorial Hospital.

The Treatment Centre provides confidential sexual assault care and treatment options in a caring, supportive environment. Treatment is provided within 72 hours of a sexual assault for adults and teens, and within 24 hours of an assault for children.

Specially trained nurses and doctors, sensitive to the needs of sexual assault survivors, work at the Centre.

Care and treatment is available 24 hours a day, 365 days a year.

**YOU ARE NOT ALONE
YOU ARE NOT TO BLAME**

Choices

The Regional Sexual Assault Treatment Centre offers the following options for sexual assault survivors:

- Physical exam and treatment of injuries
- Pregnancy prevention
- Treatment for sexually transmitted diseases
- Forensic evidence collection
- Support and crisis intervention

- Telephone follow-up within three days and one month later
- Sexual assault medical follow-up visit and/or referral
- Sexual assault survivors have different needs. Some survivors require counselling services right away. Some may require counselling months or years after a sexual assault.
- Whatever your needs are, we can refer you to sexual assault counselling services in your community.

What Can You Do if You Are Sexually Assaulted

Tell Someone: someone who can listen and be supportive; maybe a friend, a family member, a teacher.

Call the Sexual Assault Treatment Centre: ask about sexual assault services and options (toll free 1-877-377-7438).

Consider Your Options: think about the options listed in this pamphlet.

If You Are Considering Reporting the Sexual Assault to Police: try not to change, wash, or mend your clothes. Try not to shower, bathe, smoke, comb your hair, eat or drink.

Physical evidence can be collected at the Sexual Assault Treatment Centre.

Paediatric Sexual Assault Day Clinic

The Paediatric Sexual Assault Day Clinic is available on a non-urgent basis for children under 12 years of age who have disclosed a recent sexual assault.

Counselling sessions with a specialized Social Worker are available for parents, caregivers and children.

Paediatricians and nurses, specialized in the area of child sexual abuse, provide Day Clinic care and treatment.

Referral to the Paediatric Day Clinic must be made by the Children's Aid Society, police, or a health-care professional.

**Paediatric Day Clinic telephone
(705) 325-2201 ext.3722**

Resources

Simcoe County Crisis Line
1-888-893-8333 (24-hours)

Muskoka Crisis Line
1-800-461-5424 (24-hours)