

## Cardiac Stress Test Referral Form

*\*Note: Incomplete or illegible forms will be sent back requesting amendment*

### Patient Information:

Patient Name	
Patient DOB	
Primary Phone #	
Health Card # & Version Code	
OSMH MRN (if applicable)	

### Required Tests:

- Cardiac Stress Test (45 mins)  
 Cardiolute (1-3 hours) Stress cardiolute (including immediate post stress and rest wall motion/ejection fraction assessment) (Patient must come back the next day)  
 Persantine (1-3 hours) Persantine Cardiolute (including immediate post stress and rest wall motion/ejection fraction assessment) (Patient must come back the next day)

Diagnosis: \_\_\_\_\_

### Cardiac History:

- Prior MI – Date \_\_\_\_\_ Location:  Anterior  Inferior  Posterior  
 CHF  Hypertension  Dysrhythmias \_\_\_\_\_  
 Previous cardiac testing or procedures: \_\_\_\_\_

Other History:  Asthma  COPD  Diabetes  Other: \_\_\_\_\_

Medications:  Nitrates  Beta-Blocker  Calcium Channel-Blocker  ASA  Digoxin  Anti-Arrhythmic  
 ACE-Inhibitor  Diuretic  Other: \_\_\_\_\_

Known Allergies: \_\_\_\_\_

### Referral Information:

Date Sent	
Referring Physician	Physician Name (print): _____
	Physician Signature: _____
	Physician CPSO #: _____
Office Telephone #	
Office Fax #	

## **Cardiac Stress Test Preparation Instructions:**

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The tests are intended to assist the physician in determining and/or treating persons with heart disease.

### **How do I prepare for my testing:**

- Please wear loose fitting clothing, two-pieces with front opening tops are recommended. Women's nylons must be removed before certain types of testing. Please avoid body lotions the day of the test.
- Wear comfortable shoes with soft soles.
- You may be asked to stop certain medications prior to your appointment, please check with your physician
- No caffeine or dairy products on day of test
- Stop eating and/or smoking 4 hours prior to test
- Bring list of medications.

**If there are any questions about your appointment, please phone the Cardio-Respiratory Department with a minimum of 24 hours' notice: 705.325.2201 ext. 3151**