

Instructions for Patients before Their Appointment at OSMH

The hospital is taking all precautions for our patients to safely visit us for scheduled appointments. Please review the information below before coming to the hospital:

Prior to Appointment

- Self-monitor for symptoms listed below – call the hospital if you develop them (705-325-2201 ext. 3867)
- Try to avoid the use of public transportation
- If you are being driven, plan to have someone drop you off at the front entrance; a staff member will assist you to register and proceed to the correct area
- Please arrive no earlier than 5-10 minutes prior to your appointment time

Visitor Restrictions

- Only the following accompanying persons (visitors) are permitted:
 - Parent/guardian of a child or youth who is a patient
 - Individuals who provide essential support to a patient
 - Further details found on our website <https://www.osmh.on.ca/covid-19/> under “Visitor Restrictions”

Reduce your risk of getting and spreading COVID-19

- Wash your hands frequently and do not touch your face to avoid getting an infection
- Cough and sneeze into your elbow
- You and any person bringing you to the hospital or picking you up should wear a face covering either disposable or cloth
- Patients will be asked to wash their hands and will be provided a mask upon entry into the hospital

Monitor Your Symptoms - *Immediately notify your referring physician and the Hospital if any of the following occur:*

- You have had contact with anyone with an acute respiratory illness or travelled outside of Canada in the past 14 days
- You have contact in the last 14 days with anyone who has had COVID or was suspected to have COVID
- You, yourself have been diagnosed with COVID
- You develop any symptoms related to COVID. The most common symptoms include:
 - Fever (> 37.8° Celsius)
 - New or worsening cough
 - New or worsening shortness of breath
 - Decrease or loss of sense of taste or smell
 - Chills
 - Nausea / vomiting, diarrhea, abdominal pain
 - Pink eye (conjunctivitis)
 - Runny nose / sneezing / nasal congestion without other known cause
 - Does anyone in the household have any of the symptoms listed above?

Possibility of Cancellation

OSMH will do everything possible to continue to provide quality care within the constraints of the COVID-19 pandemic. There is always the possibility of unanticipated factors that may cause cancellations of procedures up to and including the day of the appointment. Rest assured we monitor our resources and staff and patient safety on a daily basis.

Visit our COVID Information Page → <https://www.osmh.on.ca/covid-19/>