

After Biliary Drain Insertion:

- A responsible adult driver must take you home and stay with you overnight
- You should not perform any tasks that require coordination, skill or judgment such as driving a car for 24 hours after your procedure
- Do not make any legal or financial decisions for 24 hours after your procedure
- Do not have alcohol or sleeping pills for 24 hours after your procedure
- Start with a light diet such as jello, pudding, soups and fluids the first day. Resume your regular diet the following day.
- You may resume your regular medications. If you take pills such as Metformin for diabetes you will be advised when you can resume this medication
- Rest for the remainder of the day
- The doctor will recommend what to use for pain

Care of Your Drainage Bag and Dressing:

- Prior to doing anything with your drainage bag always wash your hands
- Your nurse will show you how to empty your drainage bag prior to discharge. Your bag has a small outlet valve at the bottom. Standing over the toilet or a container open the outlet valve and empty your bag. Close the outlet valve once emptied and wipe the end with Kleenex or toilet paper. Record the amount drained.
- You should empty the drainage bag when it is half full. Doing so will help prevent the tube from being tugged on.
- The drainage bag should always be worn on your thigh, above the knee. Doing so will help prevent the tube from being tugged on.
- Home care will be arranged to care for your dressing
- Some bruising and tenderness at the site of the drain is common. These signs may last up to 2 weeks. Warm moist compresses (i.e. a face cloth) applied over the site 2-3 times per day may help. You must cover your dressing with plastic wrap before doing this
- You may shower after 2 days but you cannot soak in a bath or swim
- Cover your dressing with plastic wrap and tape prior to showering. There are also commercial products available such as Aquaguard.
- The site must be covered for 14 days, After 14 days if the site has healed you can shower without the dressing and plastic wrap. After showering clean the area around the drain with an antibacterial soap, and water and then pat dry.

Go to the Emergency Department if:

- You notice redness or drainage around your insertion site
- You have severe pain or swelling around the drainage site
- You develop abdominal pain
- Your drain becomes dislodged or broken
- Drain tube begins to leak or leaks around the drain
- You have a fever with or without chills



Your biliary drain:

Type of drain inserted _____

Your drain will need to be changed in 3 months. A follow up appointment for you will be arranged by the Diagnostic Imaging Department

Special Instructions for you:

Last pain medication give at: _____

Other: _____

References:

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