



Procedure time is 15 - 30 minutes. There is no recovery period after, and you will immediately go over to MRI for your scan after the injection.

Patient Preparations:

You should wear loose-fitting clothing that is easy to change out of. Please bring a list of drug/medication allergies.

Bloodwork:

Bloodwork is generally **not required** for joint injections. If you are at a **high bleeding risk** due to your medications then discuss with your doctor if it is safe to withhold your medications prior to the procedure.

Bloodwork results are to be faxed to the Diagnostic Imaging department at **705-330-3224**

Please note: Patients on Warfarin (Coumadin) require new INR drawn the day before the procedure.
Please note: Patients will be screened for MRI safety prior to arthrogram joint injection.

Anticoagulation / Antiplatelet Medications:

If you take any of the following medications then talk to your doctor if you need to stop them. If your doctor recommends stopping your medications then follow as listed below:

Medication	Number of Days to Hold
Enoxaparin (<i>Lovenox</i>)	Withhold 1 dose before procedure
Dalteparin (<i>Fragmin</i>)	Withhold 1 dose before procedure
Apixaban (<i>Eliquis</i>)	Withhold 3 days before procedure
Rivaroxaban (<i>Xarelto</i>)	Withhold 3 days before procedure

Medication	Number of Days to Hold
Dabigatran (<i>Pradaxa</i>)	Withhold 4 days before procedure
Warfarin (<i>Coumadin</i>)	Withhold 5 days before procedure until target INR ≤ 1.8
Clopidogrel (<i>Plavix</i>)	Withhold 5 days before procedure
ASA (<i>Aspirin</i>)	Withhold 5 days before procedure

ORDERING PHYSICIAN: Please call the DI Nurse at 705-325-2201, ext. 3497 if you have concerns about holding your patient’s anticoagulation / antiplatelet medications.

Please bring your OHIP card to the hospital on the day of your appointment. If you are unable to keep this appointment then please phone the DI Booking Line at **705-327-9127** to cancel or rebook.

Questions or concerns about the procedure? Call the DI Nurse at **705-325-2201, ext 3497**