

Nephrostomy Tube Insertion Patient Preparation

Diagnostic Imaging - Interventional Radiology

Hours: Mon – Fri, 9:00 am – 4:00 pm Phone: 705-325-2201, ext 3497

Procedure time will vary from 1 - 1.5 hours (approximately). You will recover from the procedure in Diagnostic Imaging or Day Surgery for another 1 - 2 hours. Home Care will be arranged through the LIHN and the DI department will contact you for routine tube exchanges (usually every 3 months).

Patient Preparations:

You may have a light meal **up to four hours** before your procedure. Continue to take your prescribed morning medications, **EXCEPT FOR** blood thinners, with a small sip of water. This procedure *may* require the use of **conscious sedation**. You will need to arrange for someone to drive you home after you have recovered from the procedure. Please bring a list of drug/medication allergies.

Bloodwork:

The following bloodwork must be <u>arranged by the Referring Physician</u> and is required within **1 week before** the procedure: **INR, PTT, CBC, CREATININE**

Bloodwork results are to be faxed to the Diagnostic Imaging department at 705-330-3224

Please note: Patients on Warfarin (Coumadin) require new INR drawn the day before the procedure.

Please note: Unavailable bloodwork results may cause a delay or rebooking of the procedure.

Anticoagulation / Antiplatelet Medications:

If you take any of the following medications then they must be stopped prior to the procedure as per the listed times. Discuss this with your physician if you have concerns about stopping any medications:

| Medication | Number of Days to Hold |
|---------------------------|----------------------------------|
| Enoxaparin (Lovenox) | Withhold 1 dose before procedure |
| Dalteparin (Fragmin) | Withhold 1 dose before procedure |
| Apixaban <i>(Eliquis)</i> | Withhold 3 days before procedure |
| Rivaroxaban (Xarelto) | Withhold 3 days before procedure |

| Medication | Number of Days to Hold |
|----------------------|----------------------------------|
| Dabigatran (Pradaxa) | Withhold 4 days before procedure |
| Warfarin (Coumadin) | Withhold 5 days before procedure |
| | until target INR ≤ 1.8 |
| Clopidogrel (Plavix) | Withhold 5 days before procedure |
| ASA (Aspirin) | Withhold 5 days before procedure |

ORDERING PHYSICIAN:

Please call the DI Nurse at 705-325-2201, ext. 3497 if you have concerns about holding your patient's anticoagulation / antiplatelet medications.

Please bring your OHIP card to the hospital on the day of your appointment. If you are unable to keep this appointment then please phone the DI Booking Line at **705-327-9127** to cancel or rebook.

Questions or concerns about the procedure? Call the DI Nurse at **705-325-2201**, ext **3497**

Downloaded by Michael Holt on 2022-04-19 2:05:05 PM