



Procedure time will vary from 45 minutes – 1 hour (approximately). You will recover from the procedure in Diagnostic Imaging or Day Surgery for another 1 – 2 hours. Home Care will be arranged through the LIHN. The catheter will stay in place for 4 – 6 weeks, then be exchanged for a softer Foley catheter.

Patient Preparations:

You may only have clear fluids **up to four hours** before your procedure. Continue to take your prescribed morning medications, **EXCEPT FOR** blood thinners, with a small sip of water. This procedure *may* require the use of **conscious sedation**. When an exchange is performed, it likely will *not* require sedation. You will need to arrange for someone to drive you home after you have recovered from either procedure. Please bring a list of drug/medication allergies.

Bloodwork:

The following bloodwork must be **arranged by the Referring Physician** and is required within **1 week before** the procedure: **INR, PTT, CBC, CREATININE**

Bloodwork results are to be faxed to the Diagnostic Imaging department at **705-330-3224**

Please note: Patients on Warfarin (Coumadin) require new INR drawn the day before the procedure.
Please note: Unavailable bloodwork results may cause a delay or rebooking of the procedure.

Anticoagulation / Antiplatelet Medications:

If you take any of the following medications then they must be stopped prior to the procedure as per the listed times. Discuss this with your physician if you have concerns about stopping any medications:

Medication	Number of Days to Hold
Enoxaparin (<i>Lovenox</i>)	Withhold 1 dose before procedure
Dalteparin (<i>Fragmin</i>)	Withhold 1 dose before procedure
Apixaban (<i>Eliquis</i>)	Withhold 3 days before procedure
Rivaroxaban (<i>Xarelto</i>)	Withhold 3 days before procedure

Medication	Number of Days to Hold
Dabigatran (<i>Pradaxa</i>)	Withhold 4 days before procedure
Warfarin (<i>Coumadin</i>)	Withhold 5 days before procedure until target INR ≤ 1.8
Clopidogrel (<i>Plavix</i>)	Withhold 5 days before procedure
ASA (<i>Aspirin</i>)	Withhold 5 days before procedure

ORDERING PHYSICIAN: Please call the DI Nurse at 705-325-2201, ext. 3497 if you have concerns about holding your patient’s anticoagulation / antiplatelet medications.

Please bring your OHIP card to the hospital on the day of your appointment. If you are unable to keep this appointment then please phone the DI Booking Line at **705-327-9127** to cancel or rebook.

Questions or concerns about the procedure? Call the DI Nurse at **705-325-2201, ext 3497**