

## **Varicocele Embolization Patient Preparation**

Diagnostic Imaging - Interventional Radiology

Hours: Mon – Fri, 9:00 am – 4:00 pm Phone: 705-325-2201, ext 3497

Procedure time will is approximately 1 - 2 hours. If needed, you will recover from the procedure in Diagnostic Imaging or Day Surgery, after which you will be discharged home. This will have been discussed during your consult with the radiologist.

## **Patient Preparations:**

You may have a light meal **up to four hours** before your procedure. Continue to take your prescribed morning medications, **EXCEPT FOR** blood thinners, with a small sip of water. This procedure *may* require the use of **conscious sedation**. You will need to arrange for someone to drive you home after you have recovered from the procedure. Radiology consult and required imaging must be done beforehand. Please bring a list of drug/medication allergies.

## **Bloodwork:**

The following bloodwork must be <u>arranged by the Referring Physician</u> and is required within **1 week before** the procedure: **INR, PTT, CBC, CREATININE** 

Bloodwork results are to be faxed to the Diagnostic Imaging department at 705-330-3224

Please note: Patients on Warfarin (Coumadin) require new INR drawn the day before the procedure.

Please note: Unavailable bloodwork results may cause a delay or rebooking of the procedure.

## **Anticoagulation / Antiplatelet Medications:**

If you take any of the following medications then they must be stopped prior to the procedure as per the listed times. Discuss this with your physician if you have concerns about stopping any medications:

Medication	Number of Days to Hold
Francis (Laurensu)	VA/:+bbbbbbbbbbbbbbbbbbbbbbbbbbbbbbbbbbbb
Enoxaparin (Lovenox)	Withhold 1 dose before procedure
Dalteparin (Fragmin)	Withhold 1 dose before procedure
Apixaban (Eliquis)	Withhold 3 days before procedure
Rivaroxaban (Xarelto)	Withhold 3 days before procedure

Medication	Number of Days to Hold
Dabigatran ( <i>Pradaxa</i> )	Withhold 4 days before procedure
Warfarin (Coumadin)	Withhold 5 days before procedure
	until target INR ≤ 1.8
Clopidogrel (Plavix)	Withhold 5 days before procedure
ASA (Aspirin)	Withhold 5 days before procedure

**ORDERING PHYSICIAN:** 

Please call the DI Nurse at 705-325-2201, ext. 3497 if you have concerns about holding your patient's anticoagulation / antiplatelet medications.

Please bring your OHIP card to the hospital on the day of your appointment. If you are unable to keep this appointment then please phone the DI Booking Line at **705-327-9127** to cancel or rebook.

Questions or concerns about the procedure? Call the DI Nurse at 705-325-2201, ext 3497

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