



Procedure time is 15 - 30 minutes. There is no recovery period after, however on rare occasion a nerve may become “frozen” by the local anesthetic. In such instances, you will remain in the Diagnostic Imaging department for recovery until full feeling returns to your limb.

Patient Preparations:

You should wear loose-fitting clothing that is easy to change out of. Your doctor must prescribe a steroid and you must pick it up at your pharmacy and bring it to your appointment. **Please call the booking department at OSMH if you are unable to obtain your steroid medication prior to your appointment.** Please bring a list of drug/medication allergies.

Bloodwork:

Bloodwork is generally **not required** for steroid joint injections. If you are at a **high bleeding risk** due to your medications then discuss with your doctor if it is safe to withhold your medications prior to the procedure.

Bloodwork results are to be faxed to the Diagnostic Imaging department at **705-330-3224**

Please note: Patients on Warfarin (Coumadin) require new INR drawn the day before the procedure.

Please note: Patients that do not bring the steroid with them will need to be rebooked.

Anticoagulation / Antiplatelet Medications:

If you take any of the following medications then talk to your doctor if you need to stop them. If your doctor recommends stopping your medications then follow as listed below:

Medication	Number of Days to Hold
Enoxaparin (<i>Lovenox</i>)	Withhold 1 dose before procedure
Dalteparin (<i>Fragmin</i>)	Withhold 1 dose before procedure
Apixaban (<i>Eliquis</i>)	Withhold 3 days before procedure
Rivaroxaban (<i>Xarelto</i>)	Withhold 3 days before procedure

Medication	Number of Days to Hold
Dabigatran (<i>Pradaxa</i>)	Withhold 4 days before procedure
Warfarin (<i>Coumadin</i>)	Withhold 5 days before procedure until target INR \leq 1.8
Clopidogrel (<i>Plavix</i>)	Withhold 5 days before procedure
ASA (<i>Aspirin</i>)	Withhold 5 days before procedure

ORDERING PHYSICIAN: Please call the DI Nurse at 705-325-2201, ext. 3497 if you have concerns about holding your patient’s anticoagulation / antiplatelet medications.

Please bring your OHIP card to the hospital on the day of your appointment. If you are unable to keep this appointment then please phone the DI Booking Line at **705-327-9127** to cancel or rebook.

Questions or concerns about the procedure? Call the DI Nurse at **705-325-2201, ext 3497**