

July 17, 2022

Thank you for your interest in the upcoming Pals *plus* course.

The course is being held at The Heights of Horseshoe on Horseshoe Valley Road. It is located directly across the road from Horseshoe Resort. Keep to the left once turning off of Horseshoe Valley Road onto High Vista Drive. The road ends at the Ski Chalet which is where the course will be held.

Participants and instructors must be fully vaccinated to attend the course. The Heights currently is not allowing any outside food or drink to be brought into and consumed in the building due to COVID. There are a number of options for breaks and lunch. You may bring your own food/lunch but will need to consume it outside of the building or in your vehicle or there are several restaurants nearby within a 5-10 min drive.

As COVID continues to be present in the community we will be following all Public Health Guidelines and requirements and we will email everyone the agenda along with the current guidelines the week prior to the course.

The Heart and Stroke requires participants to have a valid **Heart and Stroke BLS Provider Card** as a prerequisite to take both PALS and ACLS and we require the HSF # to register you for the Pals Course. Your HSF # is how you log onto the Heart and Stroke Portal and allows you to assess the Pretest as well as the scenario videos cpr.heartandstroke.ca

Textbooks are not provided and can be ordered from the Heart and Stroke Foundation cpr.heartandstroke.ca. Please ensure that you order the **2020 edition** when you purchase your textbook and that you give yourself ample time when ordering the book in order to receive it and have it read prior to the course. Please bring your textbook to class as the exam is open book. You will need to achieve 43/50 (86%) in order to pass the exam. If your exam score is between 80-85% we will remediate your exam with you. If your exam score is below 80% (more than 10 incorrect) you will unfortunately have to retake the course at a later date. Please talk to us ahead of time if you require special accommodations in order to complete the exam.

Thank you again for your interest in the upcoming Pals Course, we look forward to seeing you at the course. Please email us with any questions at ayermar.ed@gmail.com and email your registration form to us at the same email address. I will be on vacation and not have access to email from August 27-September 5th so registration forms received during that period will be processed in the order that we received them on September 6th

Vickie Martin R.N.

HSFC Pals Instructor/Course Coordinator.