## **Local Resources**

Catholic Family Services of Simcoe County 1-888-726-2503

Simcoe Muskoka Family Connexions 1-800-461-4236

Dnaagdawenmag Binnoojiiyag Child & Family Services 1-844-523-2237

Chippewas of Rama First Nations Community and Family Services
1-866 854 2121 or 705-325-3611 ext. 1423

Beausoleil Child and Family Services 705-247-2175 or 705-247-2242

Child and Youth Advocacy Centre Simcoe / Muskoka 705-327-0118

Kinark Child & Family Services (Central Intake) 1-888-454-6275

New Path Youth & Family Services 705-725-7656 (Central Intake) 1-866-566-7656 (905 Area Code)

Mental Health Crisis Line for Children and Youth 1-844-287-9072

Mental Health Crisis Line 1-888-893-8333

Kids Help Phone 1-800-668-6868 Regional Centre for Suspected Child Abuse & Neglect Simcoe County and Muskoka

# INFORMATION BROCHURE

# Not sure if you require RCSCAN services/resources?

Please feel free to call us at 705-325-2201 ext. 0 to discuss your situation. Our services are confidential.

If RCSCAN does not provide the service you are looking for, we will be happy to help find a community agency that can assist you.

There is no fee for any RCSCAN service.

Confidentiality will be respected.

Language interpretation services are available.

RCSCAN is a LGBTQ+ positive space

Tel: 705-327-9155
Toll-Free: 1-877-377-7438
Email: sadvtc@osmh.on.ca



Promoting Children's Health, Healing, Hope, and Happiness



170 Colborne Street West, Orillia, ON L3V 2Z3 tel: 705-325-2201 • www.osmh.on.ca

The Regional Centre for Suspected Child Abuse and Neglect at Orillia Soldiers' Memorial Hospital (OSMH) provides medical treatment and counselling to children who have been maltreated, sexually abused and/or neglected.

#### **Medical Services**

- Nurses and paediatricians specialized in child abuse are available 24 hours a day, 7 days a week by calling 1-877-377-7438 and ask to speak with the nurse on-call.
- A complete head to toe physical examination.
- Care and treatment of injuries.
- A safe, quiet and private place.
- Referral to Paediatric Sexual Assault Day Clinic.
- Referral to counselling and community services.
- A follow-up phone call and/or visit.

# **Counselling Services**

- Counselling sessions with a specialized social worker are available for non-offending parents, caregivers and youth under 16 years of age.
- In person and virtual sessions available.
   Sessions can be arranged within your local community.
- Social workers and families work together to identify the needs of the child and family and they will develop treatment goals.
- Treatment could include: Focus on safety and stabilization, psychoeducation on abuse; relaxation techniques; exploring uncomfortable feelings, thoughts and feelings; abuse prevention, parenting support and safety planning.
- With consent, social workers may consult and collaborate with community agencies.



## **Referral Information**

Referral to The Regional Centre for Suspected Child Abuse and Neglect can be made by the Child Youth Advocates, Family Connexions, police, health care providers, or children's mental health professionals.

You may contact the program at 705-327-9155 or toll free at 1-877-377-7438 for more information about our services and options.

If you suspect abuse, please call Family Connexions (child protection services) Simcoe Muskoka at 1-800-461-4236.

Every person is obligated by law to report any suspicion of child maltreatment to a Child Protection Agency. Child Protection will protect children from being hurt again and make sure that the family is also safe.

# **Possible Signs of Abuse**

# **Physical Abuse:**

- Unexplained or multiple injuries;
- Inconsistent injuries with explanation;
- Wary of adults and may not want to be touched;
- Aggression or withdrawing / isolating.

# **Neglect:**

- · Poor hygiene, pale and listless;
- Unmet medical or physical needs;
- Lack of supervision;
- · Frequent absence from school;
- Dirty or inappropriate clothing for weather conditions;
- Frequently doesn't bring lunch.

## **Emotional Abuse:**

- · Bed wetting that has no medical reason;
- Frequent psychosomatic complaints, i.e. headaches, nausea, abdominal pain;
- · Severe depression or aggression;
- Extreme attention seeking;
- Extreme inhibition in play; not engaging in play - even when alone.

## Sexual Abuse:

- Injuries to genital, anal area, bruising, swelling, itching or infection;
- Age inappropriate play with toys, self or others displaying explicit sexual acts;
- Age inappropriate sexual drawings or descriptions;
- Torn, stained or bloody underwear;
- Pregnancy;
- Seductive behaviours