



## 2SLGBTQIA+ Resources & Navigation

### **North Simcoe Muskoka Trans Health Services**

The North Simcoe Muskoka Trans Health Services is based out of the Couchiching Family Health Team and offers visits at our Barrie and Community Family Health Team Bayview campus location.

[www.barriefht.ca/north-simcoe-muskoka-trans-health-services/](http://www.barriefht.ca/north-simcoe-muskoka-trans-health-services/)

Tel: 705-329-3649 ext. 214

### **Gilbert Centre**

The Gilbert Centre is a community-based, not-for-profit, charitable organization that has been providing programs and services in Simcoe Muskoka for over 25 years. We are proud to celebrate the lives of people living with and affected by HIV and the individuals and families from the lesbian, gay, bisexual, transgender, queer (LGBTQ) communities.

[www.gilbertcentre.ca/](http://www.gilbertcentre.ca/)

Tel: (705) 722- 6778

### **pFlag Canada**

At pflag we help 2SLGBTQ+ people & loved ones connect with resources & find a supportive community. We are a family for all. In communities across the country, the Pflag Canada network provides peer support, education and advocacy for a Canada that affirms respects and values all sexualities, genders and gender expressions.

[www.pflagcanada.ca/](http://www.pflagcanada.ca/)

### **Rainbow Health Ontario:**

A program of [Sherbourne Health](http://www.sherbournehealth.ca/), Rainbow Health Ontario creates opportunities for the healthcare system to better serve 2SLGBTQ communities.

[www.rainbowhealthontario.ca/](http://www.rainbowhealthontario.ca/)

[info@rainbowhealthontario.ca](mailto:info@rainbowhealthontario.ca)

Tel: 416-324-4100

### **Women's College Hospital Healthcare - Transition Related Surgery**

WCH is dedicated to supporting the health and wellness of our transgender and gender diverse clients. This program represents the first public hospital-based surgical program in Canada focused on providing safe and timely access to transition-related surgical care.

[www.womenscollegehospital.ca/care-programs/surgery/transition-related-surgery/](http://www.womenscollegehospital.ca/care-programs/surgery/transition-related-surgery/)

[transitionrelatedsurgery@wchospital.ca](mailto:transitionrelatedsurgery@wchospital.ca)

Tel: 416-323-6148



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### [PRISM: Pride, Respect, Identity, Safety, Mentoring - Big Brothers Big Sisters Orillia and District](#)

PRISM is an innovative mentoring program designed specifically for the 2sLBGTQIA+ community. In the PRISM program, a 2sLBGTQIA+ youth will be matched with a Mentor from the same community. The goal is to provide role models for all 2sLBGTQIA+ youth to safely discuss identity and foster pride, self-confidence, and acceptance.

As with all of our programs Mentors and Mentees will be matched based on common interests and compatibility, and the match will operate just as a traditional, community-based match with support from our trained clinical staff.

[www.orillia.bigbrothersbigsisters.ca/](http://www.orillia.bigbrothersbigsisters.ca/)

Tel: 705-325-3151

