

## Our Team

We are a specialized, multidisciplinary and trauma-informed medical team prepared to care for you one-on-one in a private, confidential space.

We provide a compassionate, non-judgmental and self empowering approach to care for all people using our services.

Your care will be initiated upon your arrival in the emergency department at Orillia Soldiers' Memorial Hospital.

### Seek Medical Treatment If:

- You're under 12 and you experienced sexual assault (no time frame limitations)
- You're 12 or older and a sexual assault took place in the last 12 days
- You're 16 or older and an intimate partner assault/violence/abuse took place in the last 4-5 days - or your injuries are still present.



## What you need to know:

- Police Involvement is YOUR CHOICE.
- We will carefully collect and document evidence for potential release with or without police participation.

### Medical Care Options

- Crisis support
- Assessment and documentation of injuries
- Sexual Assault Evidence Kit
- Testing and treatment for sexually transmitted infections
- Emergency contraceptive options
- Testing for drugs that may have been used to commit the assault
- Risk assessment and safety planning
- Referral to community resources

### Counselling Services

- Counselling sessions with a specialized social worker are available for 16+ years of age.
- In person and virtual sessions available or sessions can be arranged within your local community.
- Focus on safety, stabilization, and psychoeducation on abuse.
- With consent, we collaborate with community agencies and support referrals if needed.



## Referral Information

Please feel free to call us at: 705-325-2201 ext. 0 and ask to speak with the "SADV Nurse". Our services are confidential.

If SADVTC does not provide the service you are looking for, we will be happy to help find a community agency that can assist you.

There is no fee for any SADVTC service. Confidentiality will be respected. Language interpretation services are available.

SADVTC is a 2SLGBTQI+ positive space.

## Shelters

- Alliston – My Sister's Place  
1-800-461-5419
- Barrie – Women & Children's Shelter  
1-800-461-1716
- Bracebridge – Muskoka Interval House  
1-800-461-1740
- Collingwood – My Friend's House  
1-800-265-2511
- Huntsville – Chrysalis  
1-866-789-8488
- Midland – Rosewood Shelter for Women & Children  
1-800-461-1750 (English)  
1-800-211-4954 (French)
- Orillia – Greenhaven Shelter for Women 1-888-285-6958



## Community Resources

- Athena's Sexual Assault Counselling & Advocacy Centre  
1-800-987-0799 (Simcoe County)
- Beendigen's Talk4Healing Helpline  
24/7 - talk, text, and chat.  
1-855-554-HEAL
- Colibri - Centre des femmes francophones du comté de Simcoe  
1-877-797-2060
- Canadian Human Trafficking Hotline:  
1-833-900-1010
- Simcoe County Crisis Line  
1-888-893-8333
- Simcoe Muskoka District Health Unit  
1-877-721-7520
- Muskoka/Parry Sound Crisis Line  
1-800-461-5424
- Muskoka/Parry Sound Sexual Assault Services  
1-800-461-2929 (Muskoka)
- Victim Services  
705-325-5578 (Orillia)  
1-844-762-9945 (Muskoka)  
705-725-7025 ext. 2120 (Simcoe County)
- Victim Witness Assistance Program  
705-739-6560 (Simcoe)  
705-645-3516 (Muskoka)



705 327 9155

1 877 377 7438

sadvtc@osmh.on.ca

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## Regional Sexual Assault & Domestic Violence Treatment Centre Simcoe Muskoka



**You are not alone- We can help**