

## Circumcision Care Instructions

### 1. Bathing

- No baths for the first 24 hours
- After 24 hours, you may bathe your baby the same way you normally do. Any gentle method is safe

### 2. Vaseline & Diaper Care

- No need to use gauze (2x2s) or apply Vaseline directly on the penis
- Apply a thick layer of Vaseline directly on the inside of the diaper wherever the penis might touch, this prevents healing skin from sticking to the diaper
- Continue Vaseline for 7-10 days.

### 3. Bleeding

- You may notice a scant amount of blood with each diaper change
- Slight increases can happen if your baby has an erection, which is to be anticipated
- Bleeding should lessen day by day
- If bleeding continuously or you are concerned, seek medical attention

### 4. If the Penis Sticks to the Diaper

- Rare, but possible if not enough Vaseline is used
- Do NOT pull it off dry. Instead, soak the area gently:
- Run under warm water, or
- Use a wet cloth/tissue to loosen it
- If accidentally pulled off and there is more bleeding:
- Use a baby wipe to clean and locate the bleeding spot
- Apply gentle but firm pressure for 3 minutes, if it does not stop, bring to local emergency department for assessment

### 5. Tylenol (Acetaminophen) Use

- You may use Tylenol if your baby seems uncomfortable
- Always take your baby's temperature first before giving Tylenol
- Babies with fever always need medical assessment right away because they are not fully immunized and can become sick faster