



A CHILD'S JOURNEY THROUGH THE OPERATING ROOM



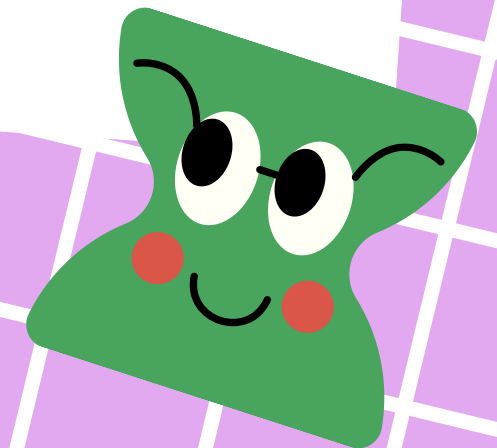
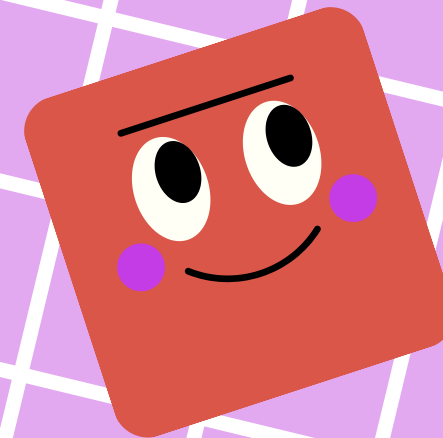
Soldiers'
MEMORIAL HOSPITAL Orillia

WELCOME TO ORILLIA SOLDIERS' MEMORIAL HOSPITAL

Welcome, brave explorer! Orillia Soldiers' Memorial Hospital is a safe and caring place where friendly doctors and nurses help children feel better. Everyone here wants to make sure you feel comfortable and happy during your visit.

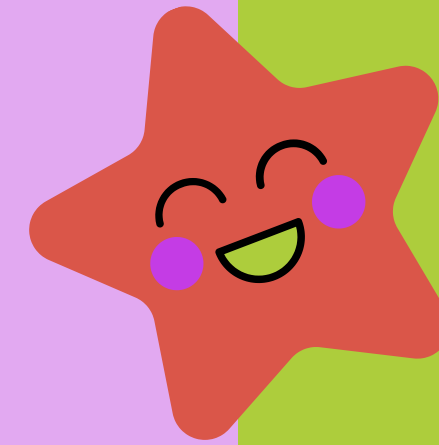


This is a place
where kindness and
caring come
together to help you
heal

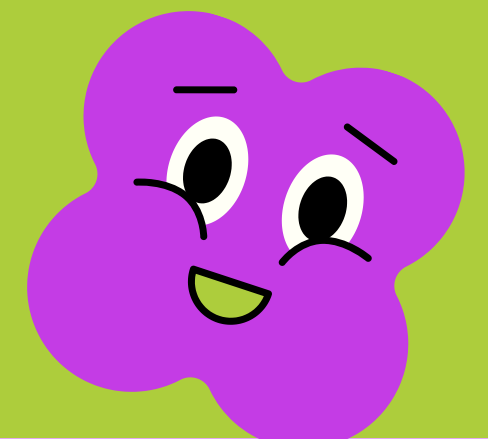


WHAT IS THE OPERATING ROOM?

The Operating Room (OR) is a very special room in the hospital where doctors and nurses help kids feel better. It's super clean and has special tools that help the doctors do their important work.



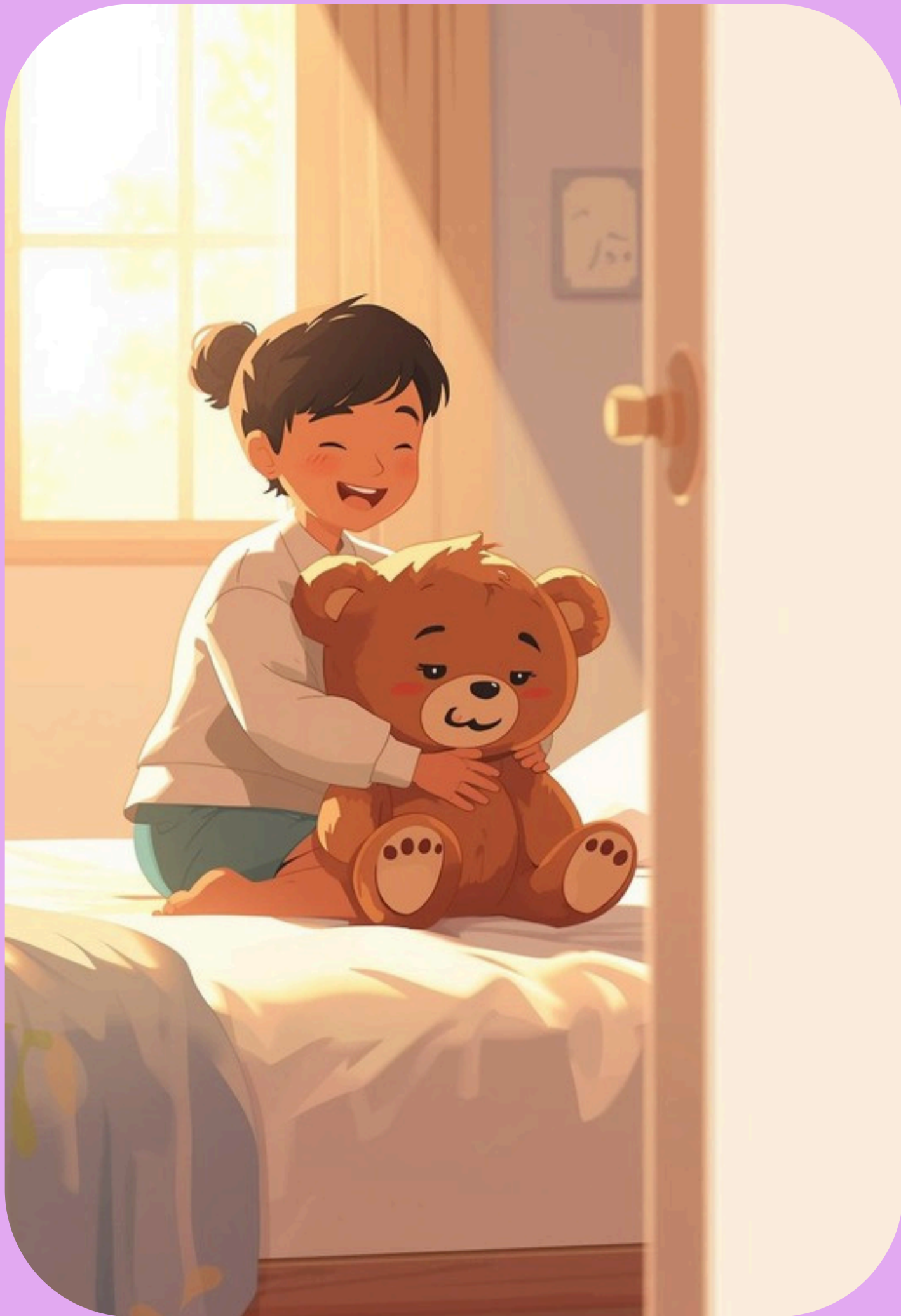
Think of the OR like a superhero headquarters! It's where the medical team uses their special powers to help fix what's making you feel unwell. Everyone there is friendly and wants to take the best care of you.



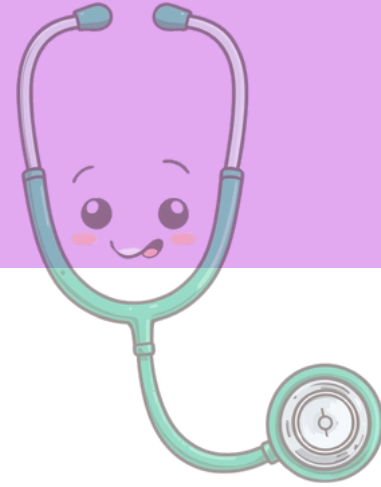
GETTING READY FOR YOUR SURGERY



- ✓ Wear comfy, loose clothes that are easy to change out of.
- ✓ Bring your favorite stuffed animal or toy for comfort and cuddles!
- ✓ Talk to your friendly nurse - they will answer all your questions and help you feel safe.



MEET YOUR CARE TEAM



SURGEON

The surgeon is the special doctor who will help fix what needs to be fixed. They're like a superhero with steady hands.



ANESTHETIST

This friendly doctor helps you fall into a peaceful sleep so you won't feel anything during surgery.



NURSES

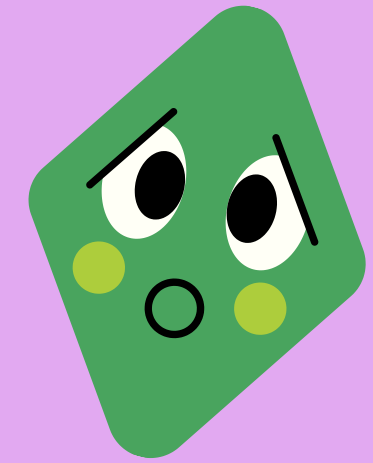
Nurses are your caring helpers who stay with you, keep you comfy, and answer all your questions with a smile.



CHILD LIFE SPECIALIST

This special friend helps you feel brave by explaining everything and playing games with you.

THE DAY OF SURGERY: ARRIVAL

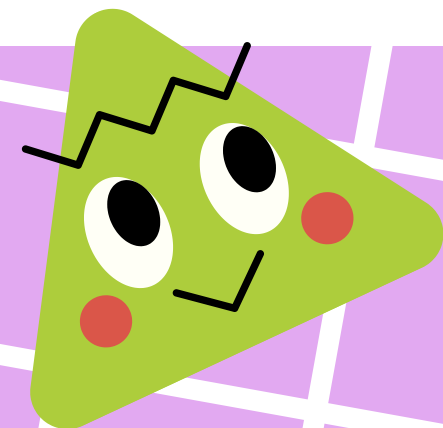


CHECK-IN KIOSK

When you get here, you'll check in at a special kiosk.



Then you'll get a cool bracelet with your name on it.



THE DAY OF SURGERY: ARRIVAL

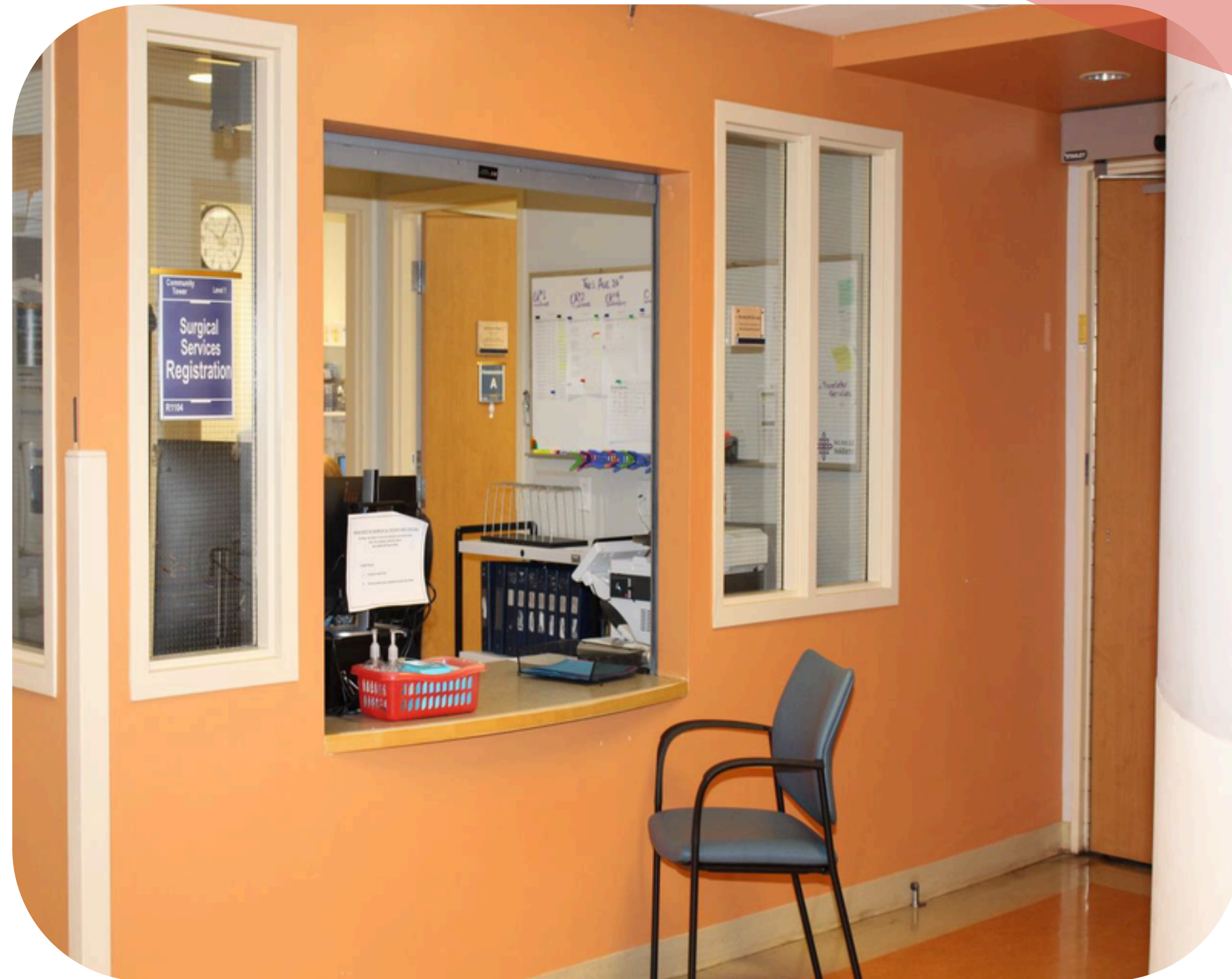


Next, just follow the red arrows to the Surgical Services area.

It's on the first floor.



THE DAY OF SURGERY: ARRIVAL



You made it! Now just head to the window to check in.



CHANGING INTO YOUR GOWN

Before your surgery, you'll get to wear a special hospital gown! It's like a superhero costume that helps keep the germs out of the OR and helps keep you safe.



“The nurse will check how tall you are and how much you weigh. They will also do your vitals.

This means:

- A quick arm squeeze to see how your blood is moving.
- A thermometer to check your temperature.
- A tiny glowing ‘finger pillow’ that tells us your oxygen and how fast your heart is beating.



MEETING YOUR NURSE AND ANESTHETIST

When it's almost time for your surgery, you'll go to another area to meet some of the team who will be with you in the Operating Room.

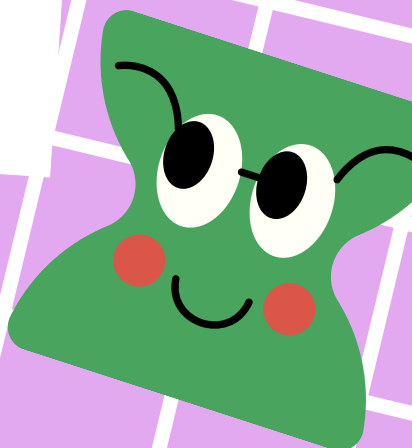
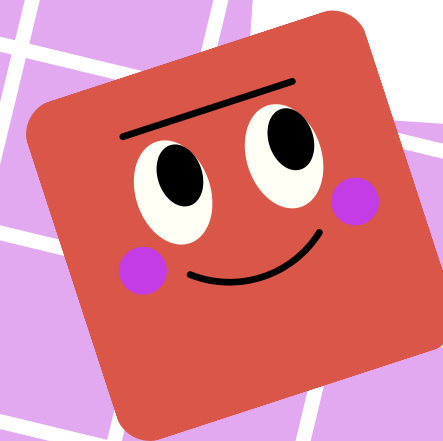


You'll meet a special sleep doctor called an Anesthetist.

Their job is to help your body stay asleep during your surgery.

This kind of sleep is different—you won't see, hear, or feel anything.

When your surgery is all done, your sleep doctor helps your body wake up again!



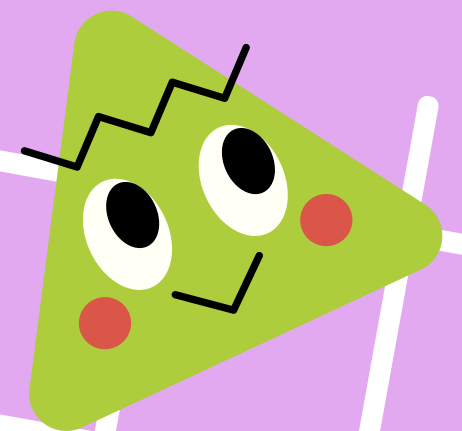
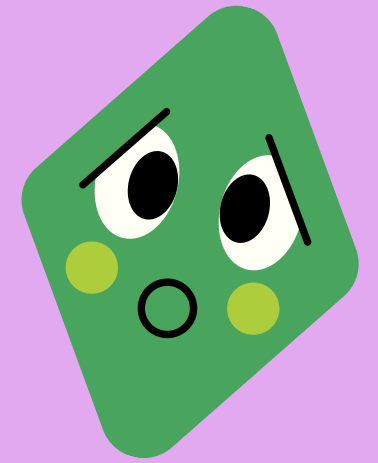
MEETING YOUR NURSE AND ANESTHETIST



A kind nurse will greet you and answer all your questions. They'll check how you're feeling and stay with you!

The medical team will look at the information on your bracelet with you.

This is also a great time for you to ask any questions you might have!



INTO THE OPERATING ROOM WE GO

When it's time for your surgery, you'll give your parent a big hug and say, **SEE YOU SOON!!**
You can also bring your stuffy with you to help you feel comfy.



INSIDE THE OPERATING ROOM

*There are lots of things in here, but not everything will be used for your surgery.

If you have any questions when you come into this room, you can always ask your nurse!



LETS TAKE A CLOSER LOOK

✓ You'll see a bed, a monitor (it looks like a computer screen)

✓ bright lights (like the ones at the dentist)

✓ Special helpful equipment



IT'S TIME TO HOP ONTO THE BED

Your stuffy can come with you!

We use a special seat belt to help keep your body safe. It's just like the one you use in the car.

This room can feel a little chilly, so the nurses will give you a cozy blanket and a soft pillow to help you stay comfy.



GETTING READY TO GO TO SLEEP

We check your vitals again, just like before.

This time, we put a few stickers on your chest and belly.

Instead of using the finger pillow to check your oxygen, we might put the pillow on one of your toes!





GETTING READY TO GO TO SLEEP

Little wires that are placed on you will go to a screen — kind of like a friendly robot.



The screen shows us what your body is doing.

In the picture, they're looking at the patient's heart rate.



TIME FOR SLEEP

Next, you'll take some big deep breaths with a mask that goes over your nose and mouth. It looks a little like an elephant trunk!

This mask has special sleepy medicine that helps your body get tired. It's okay to close your eyes and fall asleep.

Sometimes the sleep doctor might have you practice counting or even tell you a silly joke while you breathe.



TIME FOR SLEEP

The sleep doctor or nurse will gently help hold the mask on your face so you can get comfy and close your eyes.

And don't worry — your stuffy stays with you the whole time!



TIME TO WAKE UP



When your surgery is all done, you'll wake up in a different room called the PACU.

A nurse will stay with you while you wake up.

You might see a tiny straw in your hand or arm. This is called an IV. It helped your body get medicine during your surgery.

Sometimes the nurse gives you a little more medicine through the straw to help you feel better as you wake up.

The IV comes out before you go home, and it doesn't hurt

This is the place where you get to see your parent or caregiver again!



A TRIP TO DAY SURGERY - YOUR LAST STOP



Day Surgery is to spend a bit more time with the great nurses to make sure you are awake and safe to go home.

You'll also get to enjoy a yummy popsicle.



GOING HOME SOON!



Before you head home, don't forget to choose a special prize from our treasure chest for being so brave today! We're so proud of you!!

