

For immediate life-threatening conditions or injuries, visit



**Soldiers' Memorial Hospital Orillia
Emergency Department**



**If you do not have a primary care provider,
please try one of the following options:**



COHT Unattached Clinic at the Couchiching Family Health Team

119 Memorial Avenue, Suite 103, Orillia

This clinic can support same-day appointments and is available to all ages.

Hours: Mon - Thurs 8:30 am - 4 pm, Fri 8:30 am - 3 pm

Call 705-329-3649 ext. 231 to book an appointment or visit

www.coht.ca/couchiching-oht-unattached-clinic



Children & Teen's Clinic

For patients up to 18 years old

Locations in Orillia and Oro-Medonte

For hours, locations, and to book an appointment, visit

www.huronianplc.ca/children-teens-clinic



Central Region Virtual Urgent Care Clinic

Available to patients who require timely access to a nurse practitioner for urgent, non-life-threatening conditions that can be addressed virtually.

Hours: 1 pm to 9 pm, 7 days a week, including holidays

Online booking only at www.virtualcareclinic.ca



Local Pharmacies

Ontario pharmacists can now offer prescriptions for various minor ailments.

Visit your local pharmacy or www.ontario.ca/page/pharmacies



Orillia Midwives

Early Pregnancy Care, Abortion Services, STI Testing & Treatment

Hours: Mon - Thurs 8:30 am - 4:30 pm

Call 705-326-0000 or visit www.orilliamidwives.com for a full list of services

Local Walk-In Clinics

Clinic hours and services vary by location.

Please contact clinics directly for current availability and care options.